

BICYCLISTS' RESOURCES

Peninsula Bicycle & Pedestrian Coalition

650/291-7343, www.penbiped.org

Advocates for safety and accessibility for all utility and recreational cyclists and pedestrians in San Mateo County. Provides information on bicycle riding clubs, retail outlets and repair shops, route maps and more. Also works to improve road conditions and reduce traffic hazards, and hosts events and projects to celebrate bicycling.

511.org

The Bay Area's travel guide Web site includes a Bicycling Info section with links to information on the new BikeQuest mapping tool, bikes on public transit, and bicycle organizations Bay Area-wide. Produced by the Metropolitan Transportation Commission.

C/CAG Bicycle and Pedestrian Safety Coalition

650/599-1406, www.ccag.ca.gov/bpac

Serves as a countywide forum for local bicycle committees. Also has bicycle/pedestrian coordinators for San Mateo County jurisdictions to which you may report hazards and unsafe conditions.

Peninsula Traffic Congestion Relief Alliance

650/588-8170, www.commute.org

Provides employers, school districts, and cities with bicycle parking incentives and safety workshops.

San Mateo County Bicycle Transportation Map

Available from the Peninsula Traffic Congestion Relief Alliance and the Peninsula Bicycle & Pedestrian Coalition (see above).

To get a copy of this booklet

Contact the Peninsula Traffic Congestion Relief Alliance at 650/588-8170 or alliance@commute.org.

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PENINSULA
TRAFFIC
CONGESTION
RELIEF
ALLIANCE

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Why Commute by Bike?

- **Fight pollution:** More than 70 percent of the Bay Area's carbon monoxide comes from motor vehicles.
Bay Area Air Quality Management District emissions inventory
- **Stay fit:** Obesity and overweight is linked to heart disease, diabetes and other chronic conditions. One reason: automobile travel has replaced walking and cycling for all but the shorter distances.
Journal of the American Medical Association, October 1999
- **Avoid traffic delays:** More than 11 percent of Bay Area workers commute two hours per day—one hour in each direction.
Census 2000 Supplemental Survey
- **Save Money:** Bicycling costs approximately 5 cents per mile vs. approximately 39 cents per mile for motor vehicles.
Victoria Transport Policy Institute and American Automobile Association
- **Enjoy your commute:** With its extensive bike path network, comfortable climate, and bicycle-friendly public transportation, the Bay Area is an ideal environment for biking to work and cycling for leisure.

DID YOU KNOW...?

- The Peninsula Traffic Congestion Relief Alliance will pay for 50 percent of the cost of bicycle parking racks and lockers for employers, schools and cities in San Mateo County (maximum of \$500 per unit, while funding is available).
- The Peninsula Traffic Congestion Relief Alliance can provide complimentary bicycle and pedestrian safety workshops for San Mateo County commuters and residents. For more information contact the Alliance at 650/588-8170.

