



**FREE
FREE**

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SAFE BICYCLING



IN CHICAGO



A MESSAGE FROM A CYCLIST: MAYOR RICHARD M. DALEY

How to Use This Booklet

How should you use this booklet? First, look at the subjects listed on the front cover. You'll see what page to turn to for that information.

If you want other information about how to bike safely in Chicago, read the Table of Contents. There, we've listed everything this booklet covers. If you can't find what you want, check the list of bicyclists' resources on the inside back cover.

This booklet is intended for bicyclists above 12 years of age. Parents and teachers can use the booklet to teach younger cyclists how to bike safely.

If you have questions or comments, please call the Chicagoland Bicycle Federation at 312/42-PEDAL.

We bicyclists have a pretty good idea of the benefits of bicycling. We know that bicycling is an energy-efficient form of transportation that has the potential to improve air quality and alleviate the traffic congestion that all big cities face. Besides, we know bicycling is a healthful form of recreation.

That's why, in 1991, I asked bicyclists, business people, environmentalists, and city officials to begin working together to attract more Chicagoans to bicycling. One of the first tasks of this group, the Mayor's Bicycle Advisory Council, was to recommend ways to improve conditions for bicycling in Chicago.

We named these recommendations the *Bike 2000 Plan*. The *Bike 2000 Plan* and its successor, the *Bike 2015 Plan*, guide us as we continually improve Chicago's bike-friendliness. Our one hundred-plus miles of bikeways and thousands of bike-parking racks are some of the most visible parts of our efforts.

But our world-class bicycling program is more than metal and concrete. It includes things such as this booklet to help bicyclists grasp the importance of safety.

Safety starts with the simple fact that poor cycling skills cause many bicycling injuries. This booklet tells you how to bicycle better in Chicago, so you can reach your destination enjoyably and without mishap.

Sincerely,



Mayor

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